



**CONSENT FORM FOR PARTICIPATION IN RESEARCH
(by group program)**

Group Psychological Intervention for People with Depression and Overweight/Obesity

I

being over the age of 18 years hereby consent to participate as requested in the 'Information Sheet' for the research project on group psychological intervention for people with depression and overweight/obesity.

1. I have read the information provided.
2. Details of procedures and any risks have been explained to my satisfaction.
3. I am aware that I should retain a copy of the Information Sheet and Consent Form for future reference.
4. I understand that:
 - I may not directly benefit from taking part in this research.
 - I am free to withdraw from the project at any time and am free to decline to answer particular questions.
 - While the information gained in this study will be published as explained, I will not be identified, and individual information will remain confidential.
 - Participation involves a considerable time commitment, including out-of-session work (such as completion of worksheets, monitoring, and practice of skills)

Participant's signature.....Date.....

I certify that I have explained the study to the volunteer and consider that she/he understands what is involved and freely consents to participation.

Researcher's name.....

Researcher's signature.....Date.....

NB: Two signed copies should be obtained.